

# Engaging Youth



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# Sexual Health Programming

# Engaging Youth

- MOHLTC Standard (1997) addressed provision of an annual workshop.
- NRPH had no previous experience in this type of planning.
- In 2006, Sexual Health Program hired a Health Promoter
- Needs assessment indicated interest in contraception, STI update, sexuality and sexual orientation/gender identity issues.

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## 1<sup>st</sup> Annual Niagara Region Forum on Sexuality

*Topic: Adolescence and Sex: Understanding their Risk*

**Date:** Tuesday, November 7<sup>th</sup>, 2006  
**Time:** 12:00 pm – 3:30 pm  
**Speaker:** Dr. William Fisher, University of Western Ontario  
**Location:** The Four Points by Sheraton,  
 3530 Schmon Parkway, Thorold, Ontario  
 (For directions please visit: [www.fourpointsuites.com](http://www.fourpointsuites.com))  
**Cost:** **FREE!** A buffet lunch and refreshments will be provided

This forum aimed at those who work with youth, will cover topics regarding high risk behaviours, contraception, and sexually transmitted infections. We will welcome Dr. William Fisher from the University of Western Ontario as our keynote speaker. Dr. Fisher has served on the editorial boards of seven academic journals and has published over 140 papers in the area of sexual and reproductive health. In addition, he has been a lead investigator on a series of HIV risk prediction and intervention studies. Dr. Fisher will address adolescent sexual health risk, while examining risk reduction educational measures. Attendees will also have a choice of attending a break out session on contraceptive choices including new options, or an update on sexually transmitted infections and the implications in the Niagara Region.

**Program:** 12:00-12:45 Buffet Lunch  
 12:45- 2:15 Keynote address: Dr. William Fisher  
 2:15 – 2:30 Coffee Break  
 2:30 – 3:30 Breakout sessions

To register, please complete the following form and fax back to 905-688-6063 by October 30<sup>th</sup>, 2006. If you have any questions or comments, please contact Sarah Burciul at 905-688-3817 or via email at [sarah.burciul@regional.niagara.on.ca](mailto:sarah.burciul@regional.niagara.on.ca).

Participant Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Location of Employment: \_\_\_\_\_

Choice of Breakout Session (please pick only one):

Contraceptive Choices

Update on Sexually Transmitted Infections

This event is sponsored by an unrestricted grant from **Wyeth** and the Niagara Region Public Health Department.

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## e Risk

STI in p.m.



# 2<sup>nd</sup> Annual Youth Forum on Sexuality

## Sexual Orientation and Gender Identity.

- No charge for this workshop, covered by NRPH
- Worked in partnership with Niagara Pride/Rainbow Youth Niagara to organize a discussion panel.
- Keynote speaker from SOY in Toronto.
- Panel members described challenges of gay/trans students/parents.
- Audience interest intense and interaction spirited.

# Niagara Pride

## Rainbow Youth Niagara

- Rainbow Youth Niagara delivers supportive services to glbtq youth in Niagara for Niagara Pride.
- Niagara Pride partnered with NRPH -targeting glbtq youth as audience.
- Staff of Niagara Pride connected with glbtq youth.
- Youth have great ideas, know what is interesting and relevant for them.
- Encouraged attendance for all glbtq youth.
- Part of the school day.

# Dr. Karyn Gordon Workshop

- One of Canada's leading experts on understanding youth and their families.
- Organized by the secondary school team.
- Advertised through the high schools.
- Two sessions for high school students.
- building self-esteem and building healthy friendships.
- Evening session for parents on raising a healthy teen in an age of overindulgence.
- Excellent turnout and response!

# 3<sup>rd</sup> Annual Youth Forum on Sexuality

## Adolescent Risk Behaviours: Why Teens Experiment and Strategies to Keep Them Safe

- Dr David Wolfe – CAMH
- Cost - \$20.00
- Target educators/health care professionals at daytime workshop.
- Breakout sessions: HPV/Gardasil & HIV and Youth
- Target parents at evening session.



## 3rd Annual Niagara Region Forum on Sexuality

### Adolescent Risk Behaviours: Why teens experiment and strategies to keep them safe

- Date:** Monday, November 24, 2008
- Time:** 8:30 a.m. – 3:30 p.m.
- Speaker:** Dr. David Wolfe  
Professor of Psychology and Psychiatry (U of T),  
Director, CAMH Centre for Prevention Science
- Location:** Club Italia 2525 Montrose Rd., Niagara Falls
- Cost:** \$20.00 per person at the door

Everyday teens face a number of pressures and choices concerning substance use, sexual behaviour, abuse and violence. These risk behaviors are interconnected, and often emerge very quickly as teens enter high school. Knowledge now exists about how such pressures affect their development and vice versa, as well as effective ways to help them make safe and healthy choices. Dr. Wolfe's presentation covers adolescent development and how teens learn to guide their choices as they experiment with new opportunities and risks. Dr. Wolfe will share tips on how to talk to teens regarding safety in their relationships, regarding substance use, sexual behavior, and various forms of abuse and violence. Attendees will also have a choice of attending a break out session on Human Papillomavirus (HPV), Gardasil® and Cervical Cancer or HIV and youth.

- Program:** 9:00 – 12:30 Dr. David Wolfe  
12:30 – 1:30 Lunch  
1:30 – 3:30 Breakout session

To register, please complete the following form and fax back to 905-688-6063 by November 12, 2008. If you have any questions or comments, please contact Sue Davies at 905-688-3817 or by email [susan.davies@niagararegion.ca](mailto:susan.davies@niagararegion.ca)

Participant Name: \_\_\_\_\_

Location of Employment: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

Choice of break-out session (please pick only one)

- Human Papillomavirus (HPV), Cervical Cancer and Gardasil®  
 HIV and Youth – Presentation and Panel Discussion