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Implementing Comprehensive School Health through Public Health and School Board Collaboration



Agenda

- History / Evolution
- The Need for the Partnership
- The Collaboration
- Our Terms of Reference
- Process
- Joint Projects
- Outcomes
- Future Directions
- Creating Your Partnership



History / Evolution

- School Team Manager and YRDSB Curriculum Consultant 1:1
- School Team Members and YRDSB Curriculum Consultant
- Public Health Programs included
- Move to Comprehensive School Health (CHS) YRDSB, YCDSB & Public Health



Need for the Partnership

Provided:

- a consistent and streamlined approach
- a key contact for Public Health programs
- Support for implementing Public Health Mandates / Standards with schools



Need for the Partnership

- CSH was gaining momentum
- Healthy Schools supported by Ministry of Health Promotion and Ministry of Education (Healthy Eating and Active Living Action Plan)

“The Healthy School Recognition Program... will rely on strong partnerships between school communities, government and community partners” (Margaret Best, Minister of Health Promotion 2008)



Comprehensive School Health

“A broad spectrum of programs, policies, activities and services that take place in schools and their surrounding communities. The approach is designed to affect not only individual health behaviours, but also to improve the environments where young people live and learn” (McCall, 1999)

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Healthy Schools

- A program to help schools create a healthier learning environment for school communities
- Supported by Public Health Nurses in the schools

Schools in York Region, 2008/2009 school year

	Elementary Schools	Secondary Schools	Elementary Healthy Schools	Secondary Healthy Schools
YRDSB	162	31	67	13
YCDSB	83	13	13	7



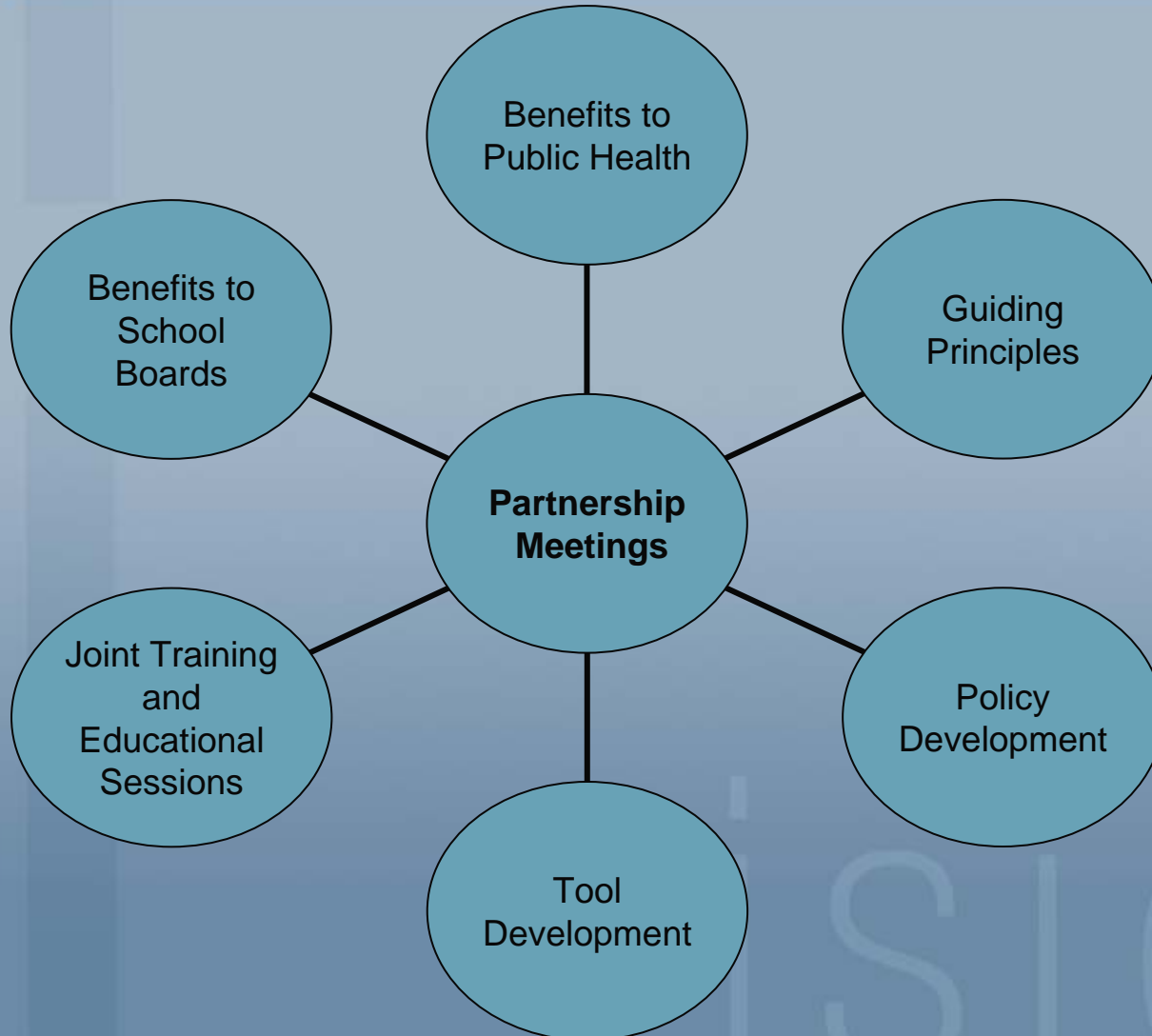
Collaboration

The Partners

- York Region Public Health
- York Region District School Board
- York Catholic District School Board



Partnership Overview





Terms of Reference

Purpose:

1. Promote continued strengthening and expansion of CSH within both school boards
2. Share updates about and explore collaboration on new initiatives
3. Promote a coordinated approach for resource distribution
4. Provide a forum for consultation regarding implementation / distribution of programs / resources in the schools



Terms of Reference cont'd.

Membership:

- Julie Anderson –Curriculum Consultant YRDSB
- Sandee Fennell –DPA Consultant YCDSB
- Charlene Gunn-Hagerman -ES Program YRC&HS
- Debbie Hinton –SS Program YRC&HS
- Lucy Valleau –Nutrition Services YRC&HS

Frequency of Meetings

- Monthly



Benefits of the Partnership Public Health

- Highlights the interdependence of health and education
- Promotes Programs / Initiatives to help meet the Ontario Public Health Standards
- Expands the reach of programs
- Advocates for the CSH Approach
- Identifies current school needs



Benefits of the Partnership Public Health cont'd.

- Obtain advice on implementation strategies (e.g. target groups, timing of programs / initiatives)
- Joint Healthy Schools programming
- Connections to Principles, Senior Administrators, Head/Lead teachers, School Board Websites and Mailing Lists

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Benefits of the Partnership School Boards

- Validates their Healthy School Message
- Public Health Programming supports the Ministry of Education's *Foundations for a Healthy School* (CSH)
- Gives the Health & Physical Education Curriculum more strength
- Public Health Resources and Campaigns



Benefits of the Partnership School Boards

- Teacher Training Opportunities
- Healthy School and Workplace Policy
- Workplace Wellness Program
- Curriculum matched resources
- Sharing of information between Boards

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The Curriculum Consultant Process

1. Initial Consultation
2. First Meeting
3. Second Meeting
4. Follow-up email
5. Forward to schools

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Outcomes

- Increase in the number of schools involved with CSH/HS

	Elementary Healthy Schools -2006	Secondary Healthy Schools -2006	Elementary Healthy Schools - 2008/2009	Secondary Healthy Schools -2008/2009
YRDSB	33	0	67	13
YCDSB	10	0	13	7

- Internal Partners have had more success in implementing their programs
- Public Health supports the implementation of Ministry Mandates in the schools (Trans Fat, DPA, HS Recognition Program)



Outcomes

Joint Projects

- Stages of Implementation Tool
- Terms of Reference
- Guiding Principles
- Healthy Schools and Workplace Policy
- *Activating Communities Together*
Presentations to Teachers and
Community Members



Future Directions

- Joint Trainings
- Support for YCDSB in developing a Healthy Schools & Workplace Policy
- YRDSB and YCDSB joint HS celebrations

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Future Directions Con't.

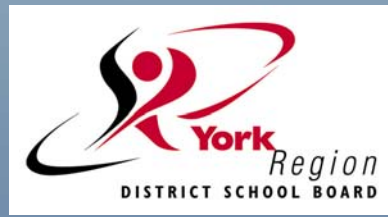
- Support the implementation of the revised Health and PE curriculum
- Support Ministry of Education standards and Policies
- All Schools embracing the CSH approach

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Creating Your Partnership

- Identify your current connections
- Seek new connections
- Share your common mandates
- make the case



Thank You
Questions?

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