

Oral Health: Collaborative Partnerships Support Evidence-Based Nursing Practice

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Ontario Public Health Association Conference
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SYNERGY

The unique advantage of collaboration is **SYNERGY**.

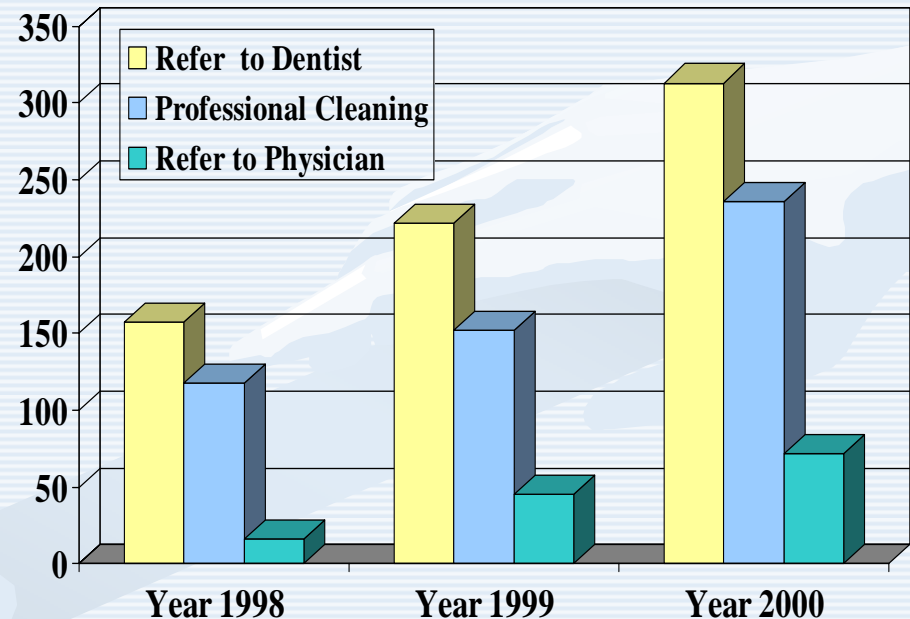
- **SYNERGY** is defined as the ability of a group of people/organizations to do more together than they can do on their own.
- **SYNERGY** is achieved through a collaborative process that enables diverse participants to combine their complementary knowledge, skills and resources.

Dr. Roz Lasker

Halton Region Health Department (HRHD) – Dental Health

- Provided oral health assessments in Long-Term Care Homes (LTCH) on an annual basis through the 1990's
- Concerns about the status of residents' oral health began to emerge

Oral Health Care Needs Referrals



Community Action

1999 – Community meeting resulted in partnership between HRDH and Community Care Access Centre (CCAC)

2000 – CCAC established Oral Health Case Manager position; created roster of participating oral health professionals; established Halton Oral Health Outreach (HOHO)



Halton Oral Health Outreach (HOHO)

Milestones

2001 – CCAC implemented oral health verbal questionnaire for all individuals seeking LTC placement

2002-04 – HRHD developed numerous tools and resources for LTC staff use

LTC ORAL HEALTH ASSESSMENT CONTINUOUS RECORD

GENERAL INFORMATION

Date: _____ Health Card #: _____ Sex: Male Female

Client Name: _____ Phone: _____

Place of Residence: _____ Date of Birth: _____

Medical Condition: _____

Postal Code: _____

Client Contact: _____ Phone: _____

Family Physician: _____ Phone: _____

DENTAL INFORMATION

Date of Last Dental Visit: _____ Phone: _____

Family Dentist: _____

ASSESSMENT/TREATMENT DELIVERY REQUEST

Assessment: Hospital Long Term Care Facility Home Hospital Dental Office Facility

Treatment Delivery Request: Hospital Facility

DENTAL HEALTH

1. Natural Teeth: Yes No

1.1 Are your teeth causing pain? Yes No Unknown

1.2 Are your teeth broken, loose or sharp? Yes No Unknown

1.3 Has it been more than 1 year since your teeth were professionally cleaned? Yes No Unknown

1.4 Do you have a bad taste in your mouth or feel you have bad breath? Yes No Unknown

If Yes to any of the above, refer to dentist.

2. Complete Dentures: Upper Lower Partial Dentures: Upper Lower

2.1 Are your dentures causing pain? Yes No Unknown

2.2 Are your dentures broken or missing any teeth? Yes No Unknown

2.3 Are your dentures stained? Yes No Unknown

2.4 Are your dentures loose? Yes No Unknown

If Yes to any of the above, refer to dentist or denturist.

2.5 Are your dentures labelled with your name? Yes No Unknown

If No, put on list to have staff label.

3. Both Natural Teeth and/or Dentures

3.1 Is the roof of your mouth sore or red? Yes No Unknown

3.2 Do you have any lumps, bumps or sores in your mouth that have been there for more than 2 weeks? Yes No Unknown

If Yes to any of the above, refer to dentist or physician.

DAILY ORAL CARE PLAN

Client: _____ Room: _____ Date: _____ Initials: _____

Natural Teeth: Upper Lower Dentures: Upper Lower Partial Dentures: Upper Lower No Teeth

Recommendations (Natural Teeth)

Oral hygiene needs improvement

Brush teeth and gum line

Use a dry mouth product

Do not use toothpaste

Recommendations (Dentures)

Remove dentures nightly

Dentures need a vinegar soak

Store dentures in room temperature water

Treat for red palate/candidiasis

Dentures need cleaning (daily)

ADL

No assistance Some assistance Total care

Halton Region Health Department, Dental Health
1151 Bronte Road
Oakville, Ontario L6M 3L1

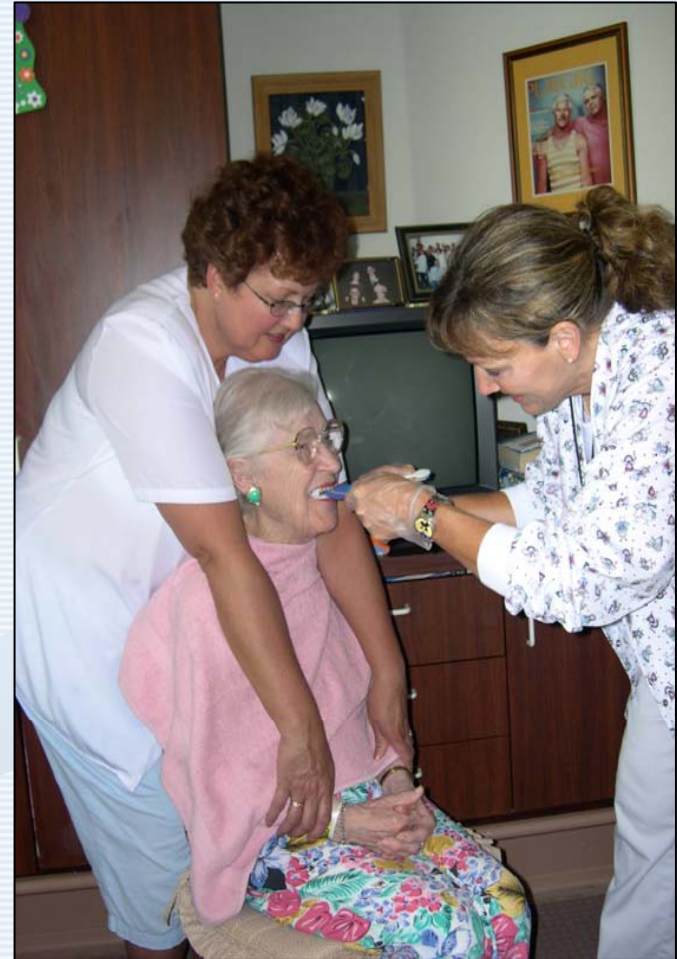
For more information call: Halton Region Health Department (905) 825-6000 or toll free 1-866-442-5866
TTY (905) 827-9833

Halton Oral Health Outreach (HOHO)

Milestones

2003 – Regional funding for treatment (DCC)

2004 – HRHD Dental Health Educators offered education, mentoring and coaching for LTCH staff; provided training for 777 professional caregivers and 754 community caregivers



HRHD Dental Health Surveys

2004-05

938 residents in 17 LTCH

58% or 544 dentate

33% or 180 needed treatment

40% or 218 required cleaning

2006-07

437 residents in 18 LTCH

63% or 275 dentate

39% or 107 needed treatment

31% or 85 required cleaning



Halton Oral Health Outreach (HOHO) Milestones

2005 – HOHO Chair
received McMaster
University “Leadership
Award in Aging” on
behalf of Halton Oral
Health Outreach

2006 – Service Awards for
Geriatric Excellence



Halton Oral Health Outreach (HOHO) Milestones

2006

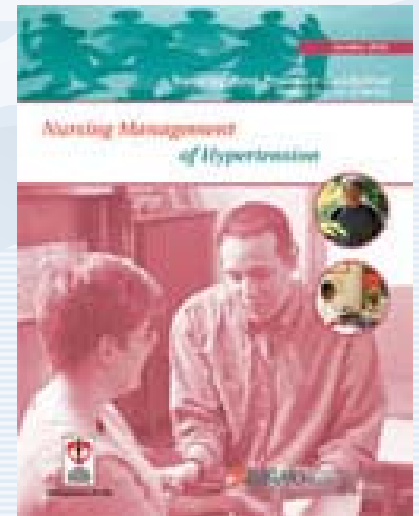
- Dental Care Counts (DCC) funding expanded to include low-income seniors living in the community
- HOHO received Canadian Dental Association “Oral Health Promotion Award of Excellence”
- HRHD was asked to participate on an RNAO guideline development panel.



Best Practice Guidelines Program Mandate

To develop, pilot implement, evaluate,
disseminate and support the uptake of clinical
and healthy work environment
best practice guidelines.

Funded by the Government of Ontario

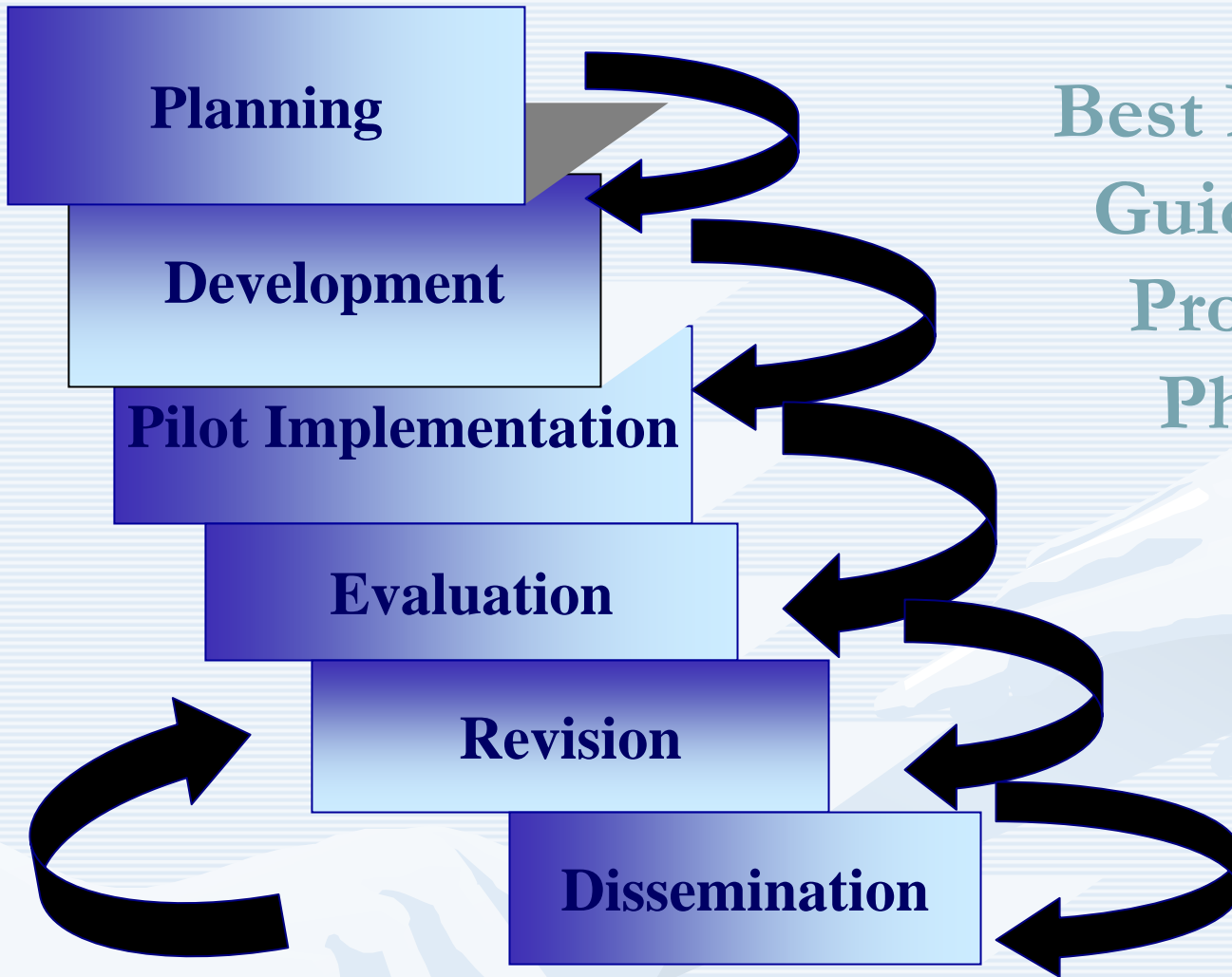


Best Practice Guidelines

“**Systematically developed** statements to assist practitioners and patient decisions about appropriate health care for specific clinical (practice) circumstances.”

Field and Lohr, 1990

Best Practice Guidelines are developed using the best available evidence.



Best Practice Guidelines Program Phases

Purpose of the Guideline

Oral Health: Nursing Assessment and Interventions

The goal of this guideline is to provide nurses with recommendations, based on the best available evidence, to support the provision of oral hygiene care to adults with special needs.



Panel Recruitment

International, interdisciplinary panel of expert clinicians was convened.

These individuals were identified through:

- literature review
- professional associations
- professional networks
- academic centers
- self identification

Panel Members

- 1 Dentist (USA)
- 1 Nurse Practitioner (USA)
- 2 Dental Hygienists
- 2 Speech Language Pathologists
- 1 Advanced Practice Nurse
- 2 Clinical Nurse Specialists
- 1 Nurse Manager
- 1 Program Manager
- 1 Charge Nurse
- 1 Community Mental Health Nurse
- 1 Regional Best Practice Coordinator



Guideline Scope

The guideline focuses on specific vulnerable populations over the age of 18 (those who need assistance to meet their oral hygiene needs) and addresses:

- Assessment of oral health (incorporating screening)
- Assessment of current oral hygiene practices
- Interventions (incorporating care plan development)



Guideline Recommendations

**Practice
Recommendations**

What the nurse needs
to do in practice

The knowledge and
skills the nurse needs
to implement the
recommendations

**Education
Recommendations**

**Organization
& Policy
Recommendations**

What
supports the
organization
needs to
provide

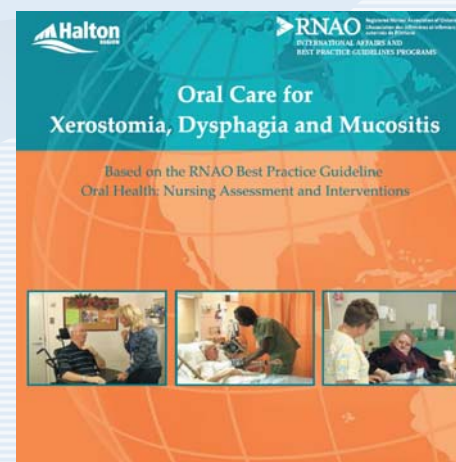
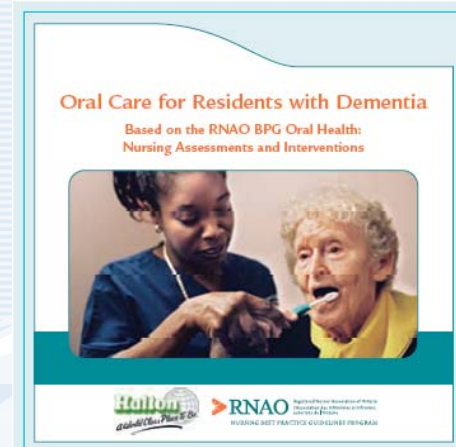
Support for Implementation

Appendices are critical to ensure the guideline is concise, comprehensive and user friendly. Examples include:

- Oral Health Assessment Tools
- Algorithm to guide oral health assessment and interventions
- Oral hygiene history – sample questions
- Sample care plans
- Oral hygiene product inventory (products and their use)
- Tips for denture care
- Tooth brushing techniques
- Approaches to care – dealing with reactive behaviours

Support for Implementation

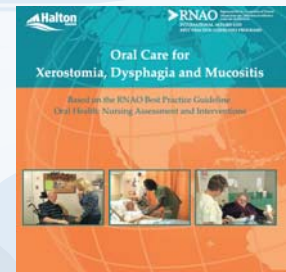
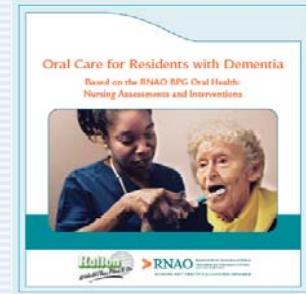
- DVDs to support guideline uptake across healthcare sectors.
 - 1) Oral Care for Residents with Dementia
 - 2) Oral Care for Xerostomia, Dysphagia and Mucositis



Oral Health Promotion Award Canadian Dental Association

This award acknowledges the contributions of the Registered Nurses' Association of Ontario to improve oral health of Canadians through oral health promotion. The Halton Region Health Department nominated RNAO for this honour.

*The award ceremony will take place at the CDA
Interim Meeting of Voting Members,
November 6th in Ottawa.*



The **COLLABORATION** continues....

Seniors Health Research Transfer Network:



ORAL HEALTH Community of Practice
WEBINARS

www.shrtn.on.ca/

Led by a member of the Oral Health guideline development panel with support from the Halton Region Health Department. Based on the BPG Oral Health: Nursing Assessment and Interventions

QUESTIONS?



